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MEDICINE 2018**

March 5-9, 2018

Boston, MA

The renowned, comprehensive update for
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New updates, guidelines, and best practices for:

- Hypertension, diabetes and lipid management
- Coronary artery disease and congestive heart failure
- “Can’t miss” diagnoses
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- Physical examinations and in-office procedures
- Treating obesity
- Using novel anticoagulants
- COPD and solitary pulmonary nodules
- Changing patient behaviors
- Care coordination for high-risk patients
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- The medical home and meaningful use
- Diagnosing and managing cognitive impairment

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Harvard Medical School Faculty



David W. Bates, MD, MSc
Division Chief of General Internal Medicine and Primary Care, Brigham and Women's Hospital. Medical Director of Clinical and Quality Analysis, Partners HealthCare. Professor of Medicine, Harvard Medical School. Professor of Health Policy and Management, and Co-Director, Program in Clinical Effectiveness, Harvard T.H. Chan School of Public Health.



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Assistant Professor of Medicine, Harvard Medical School. Director Emerita of Medical Residency Ambulatory Education, Brigham and Women's Hospital.

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Leonard S. Lilly, MD
Ramona M. Lim, MD
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Stephen C. Wright, MD
Maria A. Yialamas, MD
Paul C. Zei, MD, PhD

Guest Faculty

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Professor of Neurology,
Boston University School of Medicine

Robert C. Lowe, MD
Associate Professor of Medicine,
Boston University School of Medicine

Tara A. Mardigan, MS, MPH, RD/LDN
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Co-author, *Real Fit Kitchen*

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Brown University

Susana C. Wishnia, MD
Clinical Assistant Professor of Surgery,
Tufts University School of Medicine;
Surgeon, Newton-Wellesley Hospital

Office Practice of Primary Care Medicine is the renowned Harvard Medical School CME course for general internal medicine. It offers new and returning attendees the opportunity to stay current with annual advances across every major area of general medicine. Designed by and for clinicians, the curriculum focuses on state-of-the-art approaches to the clinical challenges you routinely face and the best ways to apply these approaches to your practice.

Learning Objectives

Upon completion of this course, participants will be able to:

- Provide state-of-the-art care to patients with a wide range of general internal medicine problems
- Apply up-to-date screening recommendations for breast, colon, prostate, lung and cervical cancer
- Deliver state-of-the-art care to diabetic patients
- Treat chronic pain effectively, with and without opioids
- Provide appropriate end-of-life care
- Improve their communication, physical exam, and procedural skills
- Treat patients with obesity
- Use antibiotics appropriately and wisely
- Evaluate patients with coronary heart disease
- Evaluate and treat patients with dizziness and vertigo
- Diagnose and treat patients with concussions

Who Should Attend

- Internists
- Family Physicians
- Medical Specialists
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Other medical professionals who want to update their knowledge of general internal medicine

2018 Clinical Updates and Skills Development

- Practical pointers for treatment of diabetes
- New guidelines for hypertension and lipid care
- Hands-on evaluation of knee pain
- Practical wound care
- Interpreting ECGs and chest x-rays
- Office procedures, including joint injections, dermatology, and minor surgery
- Physical examination of the eye, shoulder, hip, elbow, hand, foot, ankle, and back
- New COPD and solitary pulmonary nodule guidelines
- Evaluating the patient with chest pain
- Sleep disorders: insomnia and sleep apnea
- Evaluating lower back pain
- Men's health updates, including prostate health and testosterone replacement therapy
- Women's health updates, including menopause and osteoporosis
- Using the novel anticoagulants
- Assessing and treating addictions
- Chronic kidney disease management
- Changing patient behaviors: motivational interviewing, cognitive behavioral therapy, nutritional counseling, exercise prescription
- Challenging cases of abdominal pain
- New obesity medications
- Updates in congestive heart failure, coronary artery disease and atrial fibrillation
- Staying well while caring for patients
- Diagnosing and treating cognitive impairment
- Hepatitis C and NASH
- Treating depression, anxiety and ADHD
- Functional assessment of the geriatric patient
- Lyme disease and other tick-borne illnesses
- Optimal pain management; opioids and non-opioids
- Conducting discussions about end-of-life care
- Updates in pediatric and adolescent office practice
- Antibiotics in office practice
- Dizziness and vertigo: practical pointers
- Challenging rheumatology cases

Practice Management

- How to stay clinically up to date (from your office)
- Meaningful use of EMRs
- The medical home and care of high-risk patients
- Information handouts for your patients

Agenda

	Monday, March 5	Tuesday, March 6
	6:30 – 7:50 am Registration/Continental Breakfast	6:00 – 7:00 am Yoga Cybele Leger
	7:50 – 8:00 am Welcome Jane S. Sillman, MD	7:30 – 8:00 am Continental Breakfast
8:00 am – 8:50 am	Approach to Obesity Management Jane S. Sillman, MD	Dermatology Update Ruth Ann Vleugels, MD, MPH
8:50 am – 9:40 am	Hypertension 2018 John D. Goodson, MD	Challenging Cases in Rheumatology Derrick J. Todd, MD, PhD
9:40 am – 10:30 am	Diabetes Update David M. Nathan, MD	Update on Treating Headaches Rebecca Burch, MD
10:30 am – 10:45 am	<i>Coffee Break (refreshments provided)</i>	
10:45 am – 11:35 am	Update on Anticoagulation¹ Samuel Z. Goldhaber, MD	Updates in COPD Walter O'Donnell, MD
11:35 am – 12:25 pm	Cost-Effective Radiology Ramin Khorasani, MD	Solitary Pulmonary Nodules and Screening for Lung Cancer¹ Gerald L. Weinhouse, MD
12:25 pm – 1:40 pm	<i>Lunch Break</i>	
12:55 pm – 1:35 pm	Bring Your Own Lunch: Physicians' Networking Lunch	Bring Your Own Lunch: Networking Lunch for NPs, Nurses, and PAs
1:40 pm – 2:30 pm	Chronic Kidney Disease J. Kevin Tucker, MD	MEET OUR MASTER CLINICIANS Customize your learning experience with these small-group, highly interactive forums. Choose from among 8 master clinician-led sessions. (Details on page 6)
2:40 pm – 4:10 pm	WORKSHOPS	
	Diabetes: Non-Insulin Treatment Marie McDonnell, MD A1	Adolescent Contraception and Gynecology Amy D. DiVasta, MD C1
	Common Foot and Ankle Concerns Jeremy T. Smith, MD A2	Valvular Heart Disease: Challenging Cases Leonard S. Lilly, MD C2
	Mini-course in Cognitive Behavioral Therapy Gary A. Chinman, MD (<i>Attendees must sign up for both A3 and B3</i>) A3 B3	ECG Practicum (Beginners) Fidencio Saldana, MD C3
	Eye-to-Eye Contact: Mastering Your Ophthalmoscope Francisco Marty, MD (<i>Please bring your ophthalmoscope</i>) A4	GERD, Eosinophilic Esophagitis and Peptic Ulcer Disease Kunal Jajoo, MD C4
	Pre-Op Cardiac and Pulmonary Consultation¹ Adam Schaffer, MD A5	Peripheral Neuropathy Michael P. Bowley, MD, PhD C5
	Diseases of the Colon: IBS and IBD Molly Perencevich, MD A6	Common Thyroid Conditions Juan Carl Pallais, MD, MPH C6
	Paps and Cervical Cancer¹ Daniela A. Carusi, MD, MSc A7	Hands-On Evaluation of Knee Pain Rebecca Breslow, MD C7
	Updates in Pediatric Office Practice Niraj Sharma, MD, MPH A8	HIV for the Primary Care Physician Mary W. Montgomery, MD C8
4:10 pm – 4:30 pm	<i>Coffee Break (refreshments provided)</i>	
4:30 pm – 6:00 pm	WORKSHOPS	
	Diabetes: Update on Insulin Treatment Marie McDonnell, MD B1	Female Sexual Dysfunction Jan L. Shifren, MD D1
	Travel Medicine James H. Maguire, MD B2	Psychiatry Cases in Primary Care: ADHD and Personality Disorders David S. Kroll, MD D2
	Mini-course in Cognitive Behavioral Therapy Gary A. Chinman, MD (<i>Attendees must sign up for both A3 and B3</i>) B3 A3	ECG Practicum (Advanced) Fidencio Saldana, MD D3
	Peripheral, Aortic, and Carotid Disease Marc P. Bonaca, MD, MPH B4	Nutrition Counseling Tara A. Mardigan, MS, MPH, RD/LDN D4
	Challenging Cases of Abdominal Pain Stephen C. Wright, MD B5	Update on Office ENT Problems Alicia Quesnel, MD and Stacey Gray, MD D5
	Treatment of Neuropathic Pain² Paragi Rana, MD B6	Adolescent Health Holly C. Gooding, MD D6
	Challenging Cases in Dermatology Arash Mostaghimi, MD B7	Common Shoulder Problems Peter D. Asnis, MD D7
	BPH and Common Urology Problems Graeme S. Steele, MD B8	Update on Pneumonia and Bronchitis Mary W. Montgomery, MD D8

Course Reception

Tuesday, March 6, 2018 • 6:00 – 7:30 pm

Be our guest at a reception on the evening of Tuesday, March 6, and meet your course faculty and colleagues



Agenda

	Wednesday, March 7	Thursday, March 8
	6:00 – 7:00 am Yoga Cybele Leger	6:00 – 7:00 am Yoga Cybele Leger
	7:30 – 8:00 am Continental Breakfast	7:30 – 8:00 am Continental Breakfast
8:00 am – 8:50 am	Antibiotics in Office Practice Mary W. Montgomery, MD	Congestive Heart Failure Akshay S. Desai, MD, MPH
8:50 am – 9:40 am	Diagnosis and Treatment of Cognitive Impairment Andrew E. Budson, MD	Current Management of Coronary Artery Disease James M. Kirshenbaum, MD
9:40 am – 10:30 am	Opioids and Chronic Pain² Nancy B. Kurtz, MD	Update on Hyperlipidemia Scott Kinlay, MBBS, PhD
10:30 am – 10:45 am	<i>Coffee Break (refreshments provided)</i>	
10:45 am – 11:35 am	Menopause Management Robert L. Barbieri, MD	Common Problems in Hematology Elisabeth M. Battinelli, MD, PhD
11:35 am – 12:25 pm	“Can’t Miss” Diagnoses Charles A. Morris, MD (<i>Note: session ends at 12:40</i>)	Movement Disorders Martin A. Samuels, MD
12:25 pm – 1:40 pm	<i>Lunch Break</i>	
1:40 pm – 2:30 pm	Osteoporosis Carolyn B. Becker, MD	MEET OUR MASTER CLINICIANS Customize your learning experience with these small-group, highly interactive forums. Choose from among 8 master clinician-led sessions. (Details on page 6)
2:40 pm – 4:10 pm	WORKSHOPS	
	Joint Aspirations and Injections for Beginners Susan Y. Ritter, MD, PhD E1	Common Hand and Elbow Concerns Simon G. Talbot, MD G1
	Curbside Consults in Infectious Disease Jennifer Johnson, MD E2	Low Back Pain Joanne P. Borg-Stein, MD G2
	Medical Problems in Pregnancy¹ Raymond O. Powrie, MD E3	Reading Chest X-Rays Andetta Hunsaker, MD G3
	Lyme and Other Tick-Borne Diseases Howard M. Heller, MD, MPH E4	Top 10 Articles That Will Change Your Practice Geoffrey A. Modest, MD G4
	Mini-course in Motivational Interviewing Joji Suzuki, MD (<i>Attendees must sign up for both E5 and F5</i>) E5 F5	Dermatology Procedures for Beginners Elizabeth A. Buzney, MD and Michael Kurtz, MD G5
	Update on Female Urinary Incontinence Milena Weinstein, MD E6	Update in Health Policy Michael L. Barnett, MD G6
	Challenging Cases in Office-Based Gynecology Kari Braaten, MD E7	Complementary and Integrative Medicine and Medical Marijuana⁴ Donald B. Levy, MD G7
	Cardiac Auscultation Benjamin M. Scirica, MD, MPH E8	Alcohol Abuse: Assessment and Treatment Carol V. Garner, MD G8
4:10 pm – 4:30 pm	<i>Coffee Break (refreshments provided)</i>	
4:30 pm – 6:00 pm	WORKSHOPS	
	Care Coordination for High-Risk Patients Rebecca J. Cunningham, MD, Rose M. Kakoza, MD, and Lisa M. Wichmann, RN, MS, ACM, NC-BC F1	Evaluation of Hip Pain Michael Beasley, MD H1
	Office Ophthalmology Claudia U. Richter, MD F2	Wound Care Lauren R. Bayer, PA-C H2
	Evaluation of Patients with Chest Pain Yee-Ping Sun, MD F3	Bariatric Surgery Malcolm K. Robinson, MD H3
	Sexually Transmitted Diseases and UTIs Kevin L. Ard, MD, MPH F4	Challenging Nephrology Cases Emily S. Robinson, MD, MPH H4
	Mini-course in Motivational Interviewing Joji Suzuki, MD (<i>Attendees must sign up for both E5 and F5</i>) F5 E5	Minor Surgical Procedures for Beginners Susana C. Wishnia, MD and Michael Kurtz, MD H5
	Sleep Disorders: Insomnia and Sleep Apnea John W. Winkelman, MD, PhD and Carolyn D’Ambrosio, MD F6	Common Allergy Problems John J. Costa, MD H6
	Testosterone Replacement Therapy Ole-Petter R. Hamnvik, MBBCh BAO, MMSc F7	Celiac Disease Rupa Mukherjee, MD H7
	Cases in Chronic Pain Management² Nancy B. Kurtz, MD F8	Anxiety Disorders Jane L. Erb, MD H8

Agenda

Friday, March 9

	6:00 – 7:00 am	Yoga	Cybele Leger
	7:30 – 8:00 am	Continental Breakfast	
8:00 am – 8:50 am		Challenging Endocrine Cases	Maria A. Yialamas, MD
8:50 am – 9:40 am		Update on Asthma	Christopher H. Fanta, MD
9:40 am – 10:30 am		Breast Cancer Screening ¹	Susan L. Troyan, MD
10:30 am – 10:45 am		<i>Coffee Break (refreshments provided)</i>	
10:45 am – 11:35 am		Updates in Hospice and Palliative Care ³	Kristen G. Schaefer, MD
11:35 am – 12:25 pm		Evaluating Abnormal Liver Function Tests	Anna E. Rutherford, MD, MPH
12:25 pm – 1:40 pm		<i>Lunch Break</i>	
1:40 pm – 2:30 pm		Update on Prostate Cancer Screening ¹	Marc B. Garnick, MD
2:40 pm – 4:10 pm		WORKSHOPS	

Resistant Hypertension	Jane S. Sillman, MD	T1
Challenging Cases in End-of-Life Care ³	Lida Nabati, MD	T2
Suboxone/Buprenorphine Treatment	Claudia P. Rodriguez, MD	T3
Challenging Outpatient Cases of Electrolyte Abnormalities	Bradley M. Denker, MD	T4
Primary Care for the Patient Experiencing Homelessness	Jennifer K. Brody, MD, MPH	T5
Functional Assessment of the Geriatric Patient	Laura N. Frain, MD, MPH	T6
Using Genetic Testing in Primary Care	Joel B. Krier, MD, MMSc	T7

Adjourn

Meet Our Master Clinicians:

Tuesday, March 6, 2018

1:40 – 2:30pm

Customize your learning experience. Choose from among eight master clinician-run interactive forums:

Stroke	Galen V. Henderson, MD	T1
Depression and Bipolar Illness: Challenging Cases	Russell G. Vasile, MD	T2
Concussions and Head Trauma ¹	William J. Mullally, MD	T3
<i>C. difficile</i> : What's New for the PCP	Elizabeth Hohmann, MD	T4
Reflections on Staying Well in the Care of Patients	Charles J. Hatem, MD	T5
Dizziness and Vertigo: Practical Pointers	Jonathan A. Edlow, MD	T6
Health IT Policy and Using EHRs to Improve Care	David W. Bates, MD, MSc	T7
Chronic Fatigue Syndrome	Anthony L. Komaroff, MD	T8

Meet Our Master Clinicians:

Thursday, March 8, 2018

1:40 – 2:30pm

Customize your learning experience. Choose from among eight master clinician-run interactive forums:

Updates in Colon Cancer Screening ¹	Ramona M. Lim, MD	TH1
Outpatient Management of Atrial Fibrillation	Paul C. Zei, MD, PhD	TH2
How Neurologists Think: What My Mistakes Taught Me	Martin A. Samuels, MD	TH3
Managing Cirrhosis	Robert C. Lowe, MD	TH4
The Patient-Centered Medical Home	Stuart Pollack, MD	TH5
The Exercise Prescription	Edward M. Phillips, MD	TH6
Kidney Stones	Brian Eisner, MD	TH7
The Relaxation Response	Herbert Benson, MD and Gregory Fricchione, MD	TH8

¹ Meets criteria for Risk Management credit in Massachusetts

² Meets criteria for Pain Management credit and Risk Management credit in Massachusetts

³ Meets criteria for End-of-Life Care credit and Risk Management credit in Massachusetts

⁴ This workshop ineligible for AAFP credit

A1 – T7 You can use these codes when registering online for your choice of workshops

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

DISCLAIMER

CME activities sponsored by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

This program is among the highest-rated Harvard Medical School CME courses



This program is distinguished for its

- Comprehensive coverage of clinical updates
- Practical and immediately applicable approach to content
- Extensive offering of skills-advancement and hands-on workshops
- Caliber of faculty — as leaders and outstanding teachers

New data, guidelines, and best practices across every major area of general internal medicine

► New data, innovations, and state-of-the-art practices for:

- Physical exams
- Counseling
- Screening
- Office procedures
- Diagnoses
- Treatment strategies
- Practice management
- Motivational interviewing

► Earn up to:

- 39.25 *AMA PRA Category 1 Credits*[™]
- 39.25 ABIM MOC points and 1.5 patient safety credits
- 39.00 Prescribed credits from the AAFP
- 39.25 ECME Credits[®]
- 13.50 Risk Management Credits, including 3.75 Credits in Opioid Education and Pain Management Training and 2.25 Credits in End-of-Life Care Studies

ACCREDITATION

Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 39.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

MOC STATEMENT

Successful completion of this CME activity enables the participant to earn up to 39.25 MOC points and 1.5 patient safety credits in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

This Live activity, Office Practice of Primary Care Medicine 2018, with a beginning date of 03/05/2018, has been reviewed and is acceptable for up to 39.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT

This activity meets the criteria of Massachusetts Board of Registration in Medicine for 13.50 hours of Risk Management Study. This includes 3.75 Credits of Opioid Education and Pain Management Training and 2.25 Credits of End-of-Life Care Studies. Please check your individual state licensing board requirements before claiming these credits.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

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Office Practice of Primary Care Medicine 2018

(Course #732490-1802)

	Tuition
Physicians	\$1,785
Allied Health Professionals and Residents/Fellows	\$1,685
Optional Printed Course Materials*	\$75

Your tuition includes morning yoga, all breakfasts, coffee and snack breaks, complimentary internet in the meeting and sleeping rooms, and a course reception on Tuesday, March 6.

** All attendees receive a flash drive that includes all of the course materials: a full-color syllabus, additional readings, and information for patients. If you also desire a printed copy of these materials, you can purchase them for a fee of \$75.*

REGISTRATION, PAYMENT, CONFIRMATION, and REFUND POLICY

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at PrimaryCare.HMSCME.com.

At the end of the registration process, a \$5 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check or credit card (Visa, MasterCard, or American Express). If you are paying by check (draft on a US bank), the online registration system will provide you with instructions and a printable form for remitting your course fees by check. Postal, telephone, fax, and cash-payment registrations are not accepted. Fees shown in USD.

Upon receipt of your paid registration, an email confirmation from the HMS GCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.



VENUE

Hyatt Regency Boston

One Avenue De Lafayette, Boston, MA 02111

Toll free within the U.S. at 888-421-1442 or outside the U.S. at 001 +402-592-6464

ACCOMMODATIONS

A limited number of rooms* have been reserved at the Hyatt Regency Boston until February 12, 2018. When calling the hotel, be sure to specify that you are enrolled in this activity to request a reduced room rate of \$239 per person single/double occupancy. Hotel arrangements can also be made online before the above deadline by going to PrimaryCare.HMSCME.com/Venue and clicking on the dedicated room reservation link.

**Please note that the discounted rooms may sell out before the deadline.*

Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.

INQUIRIES

Call 617-384-8600 Mon-Fri 9am – 5pm (ET) or e-mail CEPrograms@hms.harvard.edu.