New updates, guidelines, and best practices for:
• Hypertension, diabetes and lipid management
• Coronary artery disease and congestive heart failure
• “Can’t miss” diagnoses
• Cancer screening
• Opioids and chronic pain management
• Physical examinations and in-office procedures
• Treating obesity
• Using novel anticoagulants
• COPD and solitary pulmonary nodules
• Changing patient behaviors
• Care coordination for high-risk patients
• Office-based psychiatry
• The medical home and meaningful use
• Diagnosing and managing cognitive impairment

Updates • New Guidelines • Skills Development • Best Practices

Register at PrimaryCare.HMSCME.com
Harvard Medical School Faculty

Kevin L. ArD, MD, MPH
Peter D. Asnis, MD
Robert L. Barbieri, MD
Michael L. Barnett, MD
David W. Bates, MD, MSc
Lauren R. Bayer, PA-C
Carolyn B. Becker, MD
Herbert Benson, MD
Marc P. Bonaca, MD, MPH
Joanne P. Borg-Stein, MD
Kari Braaten, MD
Rebecca Breslow, MD
Jennifer K. Brody, MD, MPH
Rebecca Burch, MD
Elizabeth A. Buzney, MD
Daniela A. Carusi, MD, MSc
Gary A. Chinman, MD
Thomas I. Cochran e, MD, MBA
Gianmichel Corrado, MD
John J. Costa, MD
Rebecca J. Cunningham, MD
Carolyn D'Ambrosio, MD
Bradley M. Denker, MD
Aakash S. Desai, MD, MPH
Amy D. DiVasta, MD
Jonathan A. Edlow, MD
Brian Eisner, MD
Laurence M. Epstein, MD
Jane L. Erb, MD
Christopher H. Fanta, MD
Laura N. Frain, MD, MPH
Carol V. Garner, MD
Marc B. Garnick, MD
Samuel Z. Goldhaber, MD
Holly C. Gooding, MD
John D. Goodson, MD
Stacey Gray, MD
Ole-Petter R. Hamnvik, MBCh BAO, MMSc
Charles J. Hatem, MD
Howard M. Heller, MD
Galen V. Henderson, MD
Elizabeth Hohmann, MD
Andetta Hunsaker, MD
Kunal Jajoo, MD
Jennifer Johnson, MD
Rose M. Kalsoa, MD
Ramin Khorasani, MD
Scott Kirtsay, MBBS, PhD
James M. Kirshenbaum, MD
Anthony L. Komaroff, MD
Joel B. Kriet, MD, MMSc
David S. Kroll, MD
Michael Kurtz, MD

Nancy B. Kurtz, MD
Donald B. Levy, MD
Leonard S. Lilly, MD
Ramona M. Lim, MD
James H. Maguire, MD
Francisco Marry, MD
Marie McDonnell, MD
Geoffrey A. Modest, MD
Mary W. Montgomery, MD
Charles A. Morris, MD, MPH
Ariash Mostaghimi, MD
Rupa Mukherjee, MD
William J. Mulhall, MD
Lida Nabari, MD
David M. Nathan, MD
Walter O'Donnell, MD
Juan Carl Pallais, MD, MPH
Molly Perencevich, MD
Edward M. Phillips, MD
Stuart Pollack, MD
Alicia Quansel, MD
Paragi Rana, MD
Claudia U. Richter, MD
Susan Y. Ritter, MD, PhD
Emily S. Robinson, MD, MPH
Malcolm K. Robinson, MD
Claudia E. Rodriguez, MD
Anna E. Rutherford, MD, MPH
Fidencio Saldana, MD
Martin A. Samuels, MD
Kristen G. Schafer, MD
Adam C. Schaffer, MD
Benjamin M. Scirica, MD, MPH
Niraj Sharma, MD, MPH
Jan L. Shiffers, MD
Jane S. Sillman, MD
Jeremy T. Smith, MD
Graeme S. Steele, MD
Yee-Ping Sun, MD
Joji Suzuki, MD
Simon G. Talbot, MD
Derrick J. Todd, MD, PhD
Susan L. Trawick, MD
J. Kevin Tucker, MD
Russell G. Vanle, MD
Ruth Ann Vreugeds, MD, MPH
Gerald L. Weinhouse, MD
Milena Weinstein, MD
Lisa B. Weissman, MD
Lisa M. Wichmann, RN, MS, ACNM, NC-BC
John W. Winkelman, MD, PhD
Stephen C. Wright, MD
Maria A. Yialamas, MD

Andrew E. Budnon, MD
Professor of Neurology,
Boston University School of Medicine
Robert C. Lowe, MD
Associate Professor of Medicine,
Boston University School of Medicine
Tara A. Mardigan, MS, MPH, RD/LDN
Founder, ThePlateCoach.com, virtual nutrition counseling and coaching
Co-author, Real Fit Kitchen

Guest Faculty

Raymond O. Powrie, MD
Professor of Medicine, Obstetrics and Gynecology,
Warren Alpert School of Medicine, Brown University
Susana C. Wihhiera, MD
Clinical Assistant Professor of Surgery,
Tufts University School of Medicine; Surgeon, Newton-Wellesley Hospital

Register at PrimaryCare.HMSCME.com
Office Practice of Primary Care Medicine is the renowned Harvard Medical School CME course for general internal medicine. It offers new and returning attendees the opportunity to stay current with annual advances across every major area of general medicine. Designed by and for clinicians, the curriculum focuses on state-of-the-art approaches to the clinical challenges you routinely face and the best ways to apply these approaches to your practice.

Learning Objectives
Upon completion of this course, participants will be able to:

- Provide state-of-the-art care to patients with a wide range of general internal medicine problems
- Apply up-to-date screening recommendations for breast, colon, prostate, lung and cervical cancer
- Deliver state-of-the-art care to diabetic patients
- Treat chronic pain effectively, with and without opioids
- Provide appropriate end-of-life care
- Improve their communication, physical exam, and procedural skills
- Treat patients with obesity
- Use antibiotics appropriately and wisely
- Evaluate patients with coronary heart disease
- Evaluate and treat patients with dizziness and vertigo
- Diagnose and treat patients with concussions

Who Should Attend
- Internists
- Family Physicians
- Medical Specialists
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Other medical professionals who want to update their knowledge of general internal medicine

2018 Clinical Updates and Skills Development

- Practical pointers for treatment of diabetes
- New guidelines for hypertension and lipid care
- Hands-on evaluation of knee pain
- Practical wound care
- Interpreting ECGs and chest x-rays
- Office procedures, including joint injections, dermatology, and minor surgery
- Physical examination of the eye, shoulder, hip, elbow, hand, foot, ankle, and back
- New COPD and solitary pulmonary nodule guidelines
- Evaluating the patient with chest pain
- Sleep disorders: insomnia and sleep apnea
- Evaluating lower back pain
- Men's health updates, including prostate health and testosterone replacement therapy
- Women's health updates, including menopause and osteoporosis
- Using the novel anticoagulants
- Assessing and treating addictions
- Chronic kidney disease management
- Changing patient behaviors: motivational interviewing, cognitive behavioral therapy, nutritional counseling, exercise prescription
- Challenging cases of abdominal pain
- New obesity medications
- Updates in congestive heart failure, coronary artery disease and atrial fibrillation
- Staying well while caring for patients
- Diagnosing and treating cognitive impairment
- Hepatitis C and NASH
- Treating depression, anxiety and ADHD
- Functional assessment of the geriatric patient
- Lyme disease and other tick-borne illnesses
- Optimal pain management; opioids and non-opioids
- Conducting discussions about end-of-life care
- Updates in pediatric and adolescent office practice
- Antibiotics in office practice
- Dizziness and vertigo: practical pointers
- Challenging rheumatology cases

Practice Management
- How to stay clinically up to date (from your office)
- Meaningful use of EMRs
- The medical home and care of high-risk patients
- Information handouts for your patients

Register at PrimaryCare.HMSCMCE.com
### Agenda

#### Monday, March 5

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:30 – 7:50 am</td>
<td>Registration/Continental Breakfast</td>
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<tr>
<td>7:50 – 8:00 am</td>
<td>Welcome David W. Bates, MD, MSc and Jane S. Sillman, MD</td>
</tr>
<tr>
<td>8:00 am – 8:50 am</td>
<td>Approach to Obesity Management Jane S. Sillman, MD</td>
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<tr>
<td>8:50 am – 9:40 am</td>
<td>Hypertension 2018 John D. Goodson, MD</td>
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<td>Diabetes Update David M. Nathan, MD</td>
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<tr>
<td>10:30 am – 10:45 am</td>
<td>Coffee Break (refreshments provided)</td>
</tr>
<tr>
<td>10:45 am – 11:30 am</td>
<td>Update on Anticoagulation¹ Samuel Z. Goldhaber, MD</td>
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<tr>
<td>11:35 am – 12:25 pm</td>
<td>Cost-Effective Radiology Ramin Khorasani, MD</td>
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<tr>
<td>12:25 pm – 1:40 pm</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>1:40 pm – 2:30 pm</td>
<td>Chronic Kidney Disease J. Kevin Tucker, MD</td>
</tr>
<tr>
<td>2:40 pm – 4:10 pm</td>
<td>WORKSHOPS</td>
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<tr>
<td></td>
<td>Diabetes: Non-Insulin Treatment Marie McDonnell, MD</td>
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<td>Common Foot and Ankle Concerns Jeremy T. Smith, MD</td>
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<td>Mini-course in Cognitive Behavioral Therapy Gary A. Chinman, MD</td>
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<td>Eye-to-Eye Contact: Mastering Your Ophthalmoscope Francisco Marry, MD</td>
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<td>Pre-Op Cardiac and Pulmonary Consultation¹ Adam Schaffer, MD</td>
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<td></td>
<td>Diseases of the Colon: IBS and IBD Molly Perencevich, MD</td>
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<td>Paps and Cervical Cancer¹ Daniela A. Carusi, MD, MSc</td>
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<td>Updates in Pediatric Office Practice Niraj Sharma, MD, MPH</td>
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<td>Peripheral, Aortic, and Carotid Disease Marc P. Bonaca, MD, MPH</td>
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<td>Challenging Cases of Abdominal Pain Stephen C. Wright, MD</td>
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<td></td>
<td>Treatment of Neuropathic Pain² Paragi Rana, MD</td>
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<td>Challenging Cases in Dermatology Arash Mostaghimi, MD</td>
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<td>BPH Evaluation and Treatment Graeme S. Steele, MD</td>
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<tr>
<td>6:00 – 7:00 am</td>
<td>Yoga Cybele Leger</td>
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#### Tuesday, March 6

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<td></td>
<td>Adolescent Contraception and Gynecology Arny D. DiVesta, MD</td>
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<td>Valvular Heart Disease: Challenging Cases Leonard S. Lilly, MD</td>
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<td>ECG Practicum (Beginners) Fidencio Saldana, MD</td>
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<td>GERD, Eosinophilic Esophagitis and Peptic Ulcer Disease Kunal Jajoo, MD</td>
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<td>Peripheral Neuropathy Thomas I. Cochrane, MD, MBA</td>
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<td>Common Thyroid Conditions Juan Carl Pallais, MD, MPH</td>
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<td>Hands-On Evaluation of Knee Pain Rebecca Breslow, MD</td>
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<td>HIV for the Primary Care Physician Mary W. Montgomery, MD</td>
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<td>Female Sexual Dysfunction Jan L. Shifren, MD</td>
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<td>Psychiatry Cases in Primary Care: ADHD and Personality Disorders David S. Kroll, MD</td>
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<td></td>
<td>ECG Practicum (Advanced) Fidencio Saldana, MD</td>
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<td>Nutrition Counseling Tara A. Mardigan, MS, MPH, RD/LDN</td>
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<td>Update on Office ENT Problems Alicia Quesnel, MD and Stacey Gray, MD</td>
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<td>Adolescent Health Holly C. Gooding, MD</td>
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<td>Common Shoulder Problems Peter D. Asnis, MD</td>
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<td></td>
<td>Update on Pneumonia and Bronchitis Mary W. Montgomery, MD</td>
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1. Attendees must sign up for both A3 and B3 sessions.

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**Course Reception**

Tuesday, March 6, 2018 • 6:00 – 7:30 pm

Be our guest at a reception on the evening of Tuesday, March 6, and meet your course faculty and colleagues.
Wednesday, March 7

8:00 am – 8:50 am
- 6:00 – 7:00 am Yoga
  Cybele Leger
- 7:30 – 8:00 am Continental Breakfast

8:50 am – 9:40 am
- Antibiotics in Office Practice
  Mary W. Montgomery, MD
- Diagnosis and Treatment of Cognitive Impairment
  Andrew E. Budin, MD

9:40 am – 10:30 am
- Opioids and Chronic Pain
  Nancy B. Kurtz, MD

10:30 am – 10:45 am
- Coffee Break (refreshments provided)

10:45 am – 11:35 am
- Menopause Management
  Robert L. Barbieri, MD
- “Can’t Miss” Diagnoses
  Charles A. Morris, MD (Note: session ends at 12:40)

11:35 am – 12:25 pm
- Osteoporosis
  Carolyn B. Becker, MD

12:25 pm – 1:40 pm
- Lunch Break

1:40 pm – 2:30 pm
- Joint Aspirations and Injections for Beginners
  Susan Y. Ritter, MD, PhD
- Curbside Consults in Infectious Disease
  Jennifer Johnson, MD
- Medical Problems in Pregnancy
  Raymond O. Powrie, MD
- Lyme and Other Tick-Borne Diseases
  Howard M. Keller, MD, MPH
- Mini-course in Motivational Interviewing
  Joji Suzuki, MD (Attendees must sign up for both E5 and F5)
- Update on Female Urinary Incontinence
  Milena Weinstein, MD
- Challenging Cases in Office-Based Gynecology
  Kari Braaten, MD
- Cardiac Auscultation
  Benjamin M. Scirica, MD, MPH

4:10 pm – 4:30 pm
- Coffee Break (refreshments provided)

4:30 pm – 6:00 pm
- Care Coordination for High-Risk Patients
  Rebecca J. Cunningham, MD, Rose M. Kakoz, MD, and Lisa M. Wichmann, RN, MS, ACM, NC-BC
- Office Ophthalmology
  Claudia U. Richter, MD
- Evaluation of Patients with Chest Pain
  Yee-Ping Sun, MD
- Sexually Transmitted Diseases and UTIs
  Kevin L. Ard, MD, MPH
- Mini-course in Motivational Interviewing
  Joji Suzuki, MD (Attendees must sign up for both E5 and F5)
- Sleep Disorders: Insomnia and Sleep Apnea
  John W. Winkelman, MD, PhD and Carolyn D’Ambrosio, MD
- Testosterone Replacement Therapy
  Ole-Peter R. Hamnvik, MBCh BAÖ, MMSc
- Cases in Chronic Pain Management
  Nancy B. Kurtz, MD

Thursday, March 8

6:00 – 7:00 am Yoga
Cybele Leger

7:30 – 8:00 am Continental Breakfast

6:00 – 7:00 am
- Congestive Heart Failure
  Akshay S. Desai, MD, MPH

7:30 – 8:00 am
- Updates in COPD
  Walter O’Donnell, MD

8:00 am – 8:50 am
- Antibiotics in Office Practice
  Mary W. Montgomery, MD
- Diagnosis and Treatment of Cognitive Impairment
  Andrew E. Budin, MD

8:50 am – 9:40 am
- Opioids and Chronic Pain
  Nancy B. Kurtz, MD
- Update on Hyperlipidemia
  Scott Kinlay, MBBS, PhD

9:40 am – 10:30 am
- Menopause Management
  Robert L. Barbieri, MD
- “Can’t Miss” Diagnoses
  Martin A. Samuels, MD

10:30 am – 10:45 am
- Coffee Break (refreshments provided)

10:45 am – 11:35 am
- Common Problems in Hematology
  Lisa B. Weissmann, MD
- Movement Disorders
  Martin A. Samuels, MD

11:35 am – 12:25 pm
- Top 10 Articles That Will Change Your Practice
  Geoffrey A. Modest, MD
- Complementary and Integrative Medicine and Medical Marijuana
  Donald B. Levy, MD

12:25 pm – 1:40 pm
- Lunch Break

1:40 pm – 2:30 pm
- Joint Aspirations and Injections for Beginners
  Susan Y. Ritter, MD, PhD
- Curbside Consults in Infectious Disease
  Jennifer Johnson, MD
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- Cases in Chronic Pain Management
  Nancy B. Kurtz, MD

Register at PrimaryCare.HMSCME.com
Meet Our Master Clinicians:
Tuesday, March 6, 2018
1:40 – 2:30pm
Customize your learning experience. Choose from among eight master clinician-run interactive forums:

<table>
<thead>
<tr>
<th>Stroke</th>
<th>Galen V. Henderson, MD</th>
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<tbody>
<tr>
<td>Depression and Bipolar Illness: Challenging Cases</td>
<td>Russell G. Vasile, MD</td>
</tr>
<tr>
<td>Concussions and Head Trauma</td>
<td>William J. Mullally, MD</td>
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<tr>
<td><em>Clostridium difficile: What’s New for the PCP</em></td>
<td>Elizabeth Hohmann, MD</td>
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<tr>
<td>Reflections on Staying Well in the Care of Patients</td>
<td>Charles J. Hatem, MD</td>
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<tr>
<td>Dizziness and Vertigo: Practical Pointers</td>
<td>Jonathan A. Edlow, MD</td>
</tr>
<tr>
<td>Meaningful Use of EHRs to Improve Care</td>
<td>David W. Bates, MD, MSc</td>
</tr>
<tr>
<td>Chronic Fatigue Syndrome</td>
<td>Anthony L. Komaroff, MD</td>
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</tbody>
</table>

Meet Our Master Clinicians:
Thursday, March 8, 2018
1:40 – 2:30pm
Customize your learning experience. Choose from among eight master clinician-run interactive forums:

| Updates in Colon Cancer Screening | Ramona M. Lim, MD |
| Outpatient Management of Atrial Fibrillation | Laurence M. Epstein, MD |
| How Neurologists Think: What My Mistakes Taught Me | Martin A. Samuels, MD |
| Managing Cirrhosis | Robert C. Lowe, MD |
| The Patient-Centered Medical Home | Stuart Pollack, MD |
| The Exercise Prescription | Edward M. Phillips, MD |
| Kidney Stones | Brian Eisner, MD |
| The Relaxation Response | Herbert Benson, MD |

*1 Meets criteria for Risk Management credit in Massachusetts
2 Meets criteria for Pain Management credit and Risk Management credit in Massachusetts
3 Meets criteria for End-of-Life Care credit and Risk Management credit in Massachusetts
4 This workshop ineligible for AAFP credit

You can use these codes when registering online for your choice of workshops.

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

**DISCLAIMER**

CME activities sponsored by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.
This program is among the highest-rated Harvard Medical School CME courses

New data, guidelines, and best practices across every major area of general internal medicine

- New data, innovations, and state-of-the-art practices for:
  - Physical exams
  - Counseling
  - Screening
  - Office procedures
  - Diagnoses
  - Treatment strategies
  - Practice management
  - Motivational interviewing

Earn up to:
- 39.25 AMA PRA Category 1 Credits™
- 39.25 ABIM MOC points and 1.5 patient safety credits
- 39.00 Prescribed credits from the AAFP
- 39.25 ECME Credits®
- 13.50 Risk Management Credits, including 3.75 Credits in Opioid Education and Pain Management Training and 2.25 Credits in End-of-Life Care Studies

This program is distinguished for its
- Comprehensive coverage of clinical updates
- Practical and immediately applicable approach to content
- Extensive offering of skills-advancement and hands-on workshops
- Caliber of faculty — as leaders and outstanding teachers

ACCREDITATION
Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 39.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

MOC STATEMENT
Successful completion of this CME activity enables the participant to earn up to 39.25 MOC points and 1.5 patient safety credits in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

AMERICAN ACADEMY OF FAMILY PHYSICIANS
This Live activity, Office Practice of Primary Care Medicine 2018, with a beginning date of 03/05/2018, has been reviewed and is acceptable for up to 39.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT
This activity meets the criteria of Massachusetts Board of Registration in Medicine for 13.50 hours of Risk Management Study. This includes 3.75 Credits of Opioid Education and Pain Management Training and 2.25 Credits of End-of-Life Care Studies. Please check your individual state licensing board requirements before claiming these credits.

CANADIAN ACCREDITATION
The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION
Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert AMA PRA Category 1 Credit™ to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting AMA PRA Category 1 Credits™ to ECMECs® can be found at: www.eaccme.eu.

Register at PrimaryCare.HMSCME.com
Tuition Register on or before January 31, 2018

<table>
<thead>
<tr>
<th></th>
<th>Tuition</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$1,785</td>
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<tr>
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<td>Optional Printed Course Materials*</td>
<td>$75</td>
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Your tuition includes morning yoga, all breakfasts, coffee and snack breaks, complimentary internet in the meeting and sleeping rooms, and a course reception on Tuesday, March 6.

*All attendees receive a flash drive that includes all of the course materials: a full-color syllabus, additional readings, and information for patients. If you also desire a printed copy of these materials, you can purchase them for a fee of $75.

REGISTRATION, PAYMENT, CONFIRMATION, and REFUND POLICY
RegISTRATIONS FOR Harvard Medical School CME programs are made via our secure online registration system.

To register for this course, please visit the course website at PrimaryCare.HMSCME.com.

At the end of the registration process, a $5 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check or credit card (Visa, MasterCard, or American Express). If you are paying by check (draft on a US bank), the online registration system will provide you with instructions and a printable form for remitting your course fees by check. Postal, telephone, fax, and cash-payment registrations are not accepted. Fees shown in USD.

Upon receipt of your paid registration, an email confirmation from the HMS GCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of $75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. “No shows” are subject to the full course fee and no refunds will be issued once the conference has started.

VENUE
Hyatt Regency Boston
One Avenue De Lafayette, Boston, MA 02111
Toll free within the U.S. at 888-421-1442 or outside the U.S. at 001 +402-592-6464

ACCOMMODATIONS
A limited number of rooms* have been reserved at the Hyatt Regency Boston until February 12, 2018. When calling the hotel, be sure to specify that you are enrolled in this activity to request a reduced room rate of $239 per person single/double occupancy. Hotel arrangements can also be made online before the above deadline by going to PrimaryCare.HMSCME.com/Venue and clicking on the dedicated room reservation link.

*Please note that the discounted rooms may sell out before the deadline.

Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.

INQUIRIES
Call 617-384-8600 Mon-Fri 9am – 5pm (ET) or e-mail CEPrograms@hms.harvard.edu.